THE JIM PATTISON BROADCAST GROUP LIMITED PARTNERSHIP

RELEASE, WAIVER AND INDEMNITY

This is a binding legal agreement. Please read carefully.

Signatures on this form indicate that the undersigned participant has read, understands and agrees to be bound by this Release, Waiver and Indemnity. The undersigned acknowledges that there are risks associated the 102.3 NOW! radio Cardboard Cup (the "Event"). In consideration of acceptance of the undersigned's application and permission to participate in the Event, and other good and valuable consideration (the receipt and sufficiency of which is hereby acknowledged), the undersigned, on his or her own behalf and on behalf of his or her heirs, executors, administrators and assigns, does hereby remise, release and forever discharge the Jim Pattison Broadcast Group LP, its affiliated companies and their respective directors, officers, shareholders, employees, representatives and agents from all claims, demands, damages, costs, expenses, actions and causes of action, whether in law or in equity, in respect of death, injury, loss or damage, to the undersigned's property however caused, arising to or arise by reason of the undersigned's participation in the Event, whether as a spectator, participant, competitor, or otherwise, whether prior to, during or subsequent to the Event including during travel to and from the Event, and notwithstanding that the same may have been contributed to, or occasioned by, the negligence of any of the aforesaid. The undersigned further hereby undertakes to hold and save harmless and agrees to indemnify all of the aforesaid from and against any and all liability incurred by them as a result of, or in any way connected with, the participation of the undersigned in the Event.

Date:	 	
Print Name:		
Signature:		
Witness:		
Parent Guardian		
(if under 18)		
Witness:		